

**HEALTH & WELLNESS FAQ'S** 

BELOW YOU'LL FIND SOME IMPORTANT INFORMATION ABOUT HOW WE ARE PREVENTING THE SPREAD OF COVID-19 AT RETREAT.

# WHAT IS CAROLINA CREEK DOING TO PROTECT STUDENTS AND STAFF IN LIGHT OF THE COVID-19 PANDEMIC?

CAROLINA CREEK HAS TAKEN MANY STEPS TO COMPLY, AND IN SOME CASES EXCEED, THE CDC GUIDELINES FOR SUMMER CAMPS. CLICK HERE FOR A DETAILED OVERVIEW.

### WHAT DOES SANITATION LOOK LIKE FOR COMMON SPACES?

CAROLINA CREEK STAFF WILL BE SANITIZING ALL COMMON SPACES (CAFETERIA, WORSHIP CENTER, ETC.) AND HIGH-TOUCH SURFACES AFTER EVERY GROUP LEAVES THROUGHOUT THE DAY. CABINS WILL ALSO BE SANITIZED DAILY. CAROLINA CREEK HAS INVESTED IN AN ELECTROSTATIC MICROBIC DISINFECTING SPRAYER WITH AN EPAAPPROVED NON-TOXIC SOLUTION FOR DISINFECTION AGAINST THE SARS-COV-2 VIRUS.

#### DOES MY CHILD HAVE TO WEAR A MASK?

THE MINIMUM GUIDELINES REQUIRE THAT STUDENTS WEAR A MASK WHEN MOVING THROUGH THE FOOD LINE AT MEAL TIMES. ALL WE ASK IS THAT YOU PREPARE THEM FOR THAT, AS OUR STAFF IS UNABLE TO ENFORCE UNIQUE GUIDELINES FOR EACH CAMPER. OUR CHURCH PROJECT VOLUNTEERS WILL BE REQUIRED TO WEAR A MASK THROUGHOUT THE DAY. WE ENCOURAGE OUR STUDENTS TO WEAR THEIR MASK DURING SMALL GROUPS, LARGE GROUP TIME, AND AS THEY ENTER AND LEAVE THE DINING HALL. THEY WILL BE REQUIRED TO WEAR THEIR MASK ON THE BUS TO AND FROM CAROLINA CREEK.

# HOW CAN I PREPARE MY CHILD FOR THE PRECAUTIONS BEING TAKEN AT RETREAT THIS YEAR?

TALK TO YOUR CHILD ABOUT WHAT TO EXPECT. FOR EXAMPLE:

- YOU WILL BE WASHING YOUR HANDS OFTEN, EVERY TIME YOU ENTER/LEAVE AN ACTIVITY OR BUILDING.
- YOU WILL HAVE YOUR TEMPERATURE TAKEN WITH A CONTACT-FREE THERMOMETER EVERY MORNING. THIS WILL BE QUICK AND HELP US MAKE SURE EVERYONE IS HEALTHY!
- SET UP YOUR BEDDING BY SLEEPING "HEAD-TO-TOE." THIS MEANS THAT YOUR HEAD SHOULD LAY ON THE OPPOSITE END OF THE BED IN RELATION TO THE PERSON IN THE BED BESIDE YOURS.
- RESPECT OTHERS BY NOT STANDING TOO CLOSE TO THEM, AND AVOID TOUCHING THEIR BELONGINGS.
- WEAR YOUR MASK WHEN STANDING IN LINE FOR FOOD, OR TIMES WHEN YOU FIND YOURSELF CLOSE TO OTHER PEOPLE OUTSIDE OF YOUR CABIN.

- COVER YOUR MOUTH IF YOU SNEEZE OR COUGH- THEN WASH YOUR HANDS!
- BE PATIENT IF THINGS TAKE LONGER THAN USUAL. THIS IS TO KEEP YOU AND EVERYONE ELSE SAFE!

#### WILL THERE BE MEDICAL STAFF AT RETREAT?

YES! WE WILL BE BRINGING A VOLUNTEER NURSE TO CHECK STUDENTS FOR FEVER AND SYMPTOMS. THEY ALSO WILL HELP ADMINISTER STUDENT MEDICATIONS. IF YOU HAVE ANY FURTHER QUESTIONS, PLEASE EMAIL TANDERSON@CHURCHPROJECT.ORG.

WHAT DOES "SOCIAL DISTANCING" LOOK LIKE FOR RETREAT? CAMPERS WILL HAVE MINIMIZED INTERACTION WITH OTHER STAFF & STUDENTS OUTSIDE OF THEIR CABIN THIS YEAR. CAROLINA CREEK HAS ALSO REARRANGED THEIR CAFETERIA AND WORSHIP SPACES TO ACCOMMODATE THE 6-FOOT GUIDELINE.

### WHAT IF MY CHILD OR SOMEONE IN MY HOUSEHOLD IS MEDICALLY VULNERABLE?

THE CDC STATES THAT THERE IS AN ENHANCED RISK FOR CONTRACTING ANY COMMUNICABLE DISEASE FOR IMMUNOCOMPROMISED INDIVIDUALS. PLEASE EXERCISE DISCRETION WHEN REGISTERING YOUR CHILD FOR RETREAT. THE CDC ALSO SUGGESTS THAT ALL PARTICIPANTS CONSIDER SELF-QUARANTINING FOR 14 DAYS FOLLOWING CAMP AS WELL AS LIMITING EXPOSURE TO PEOPLE AGE 65+ AND THOSE WHO ARE MEDICALLY VULNERABLE.

CLICK HERE TO LEARN MORE ABOUT CAROLINA CREEK'S COVID-19 RESPONSE PLAN.

STILL HAVE QUESTIONS? EMAIL TANDERSON@CHURCHPROJECT.ORG